



CODE OF CONDUCT CONTRACT FOR PRACTICES & REGATTAS

When with the team, I agree to all of the following:

I understand that the following infractions will result in a team member being scratched from the upcoming race and/or sent home at their own expense in addition to any action a Coach or Teaneck HS representative may take:

- a. Use or possession of alcoholic beverages, cigarettes, tobacco or controlled substances
- b. Use or possession of any object that can inflict harm or damage to property or people.
- c. Damage to property
- d. Stealing or shoplifting
- e. Loud and unruly behavior including fighting or instigating a fight
- f. Disrespectful behavior or failure to obey chaperones, coaches, or bus drivers
- g. Behavior that has a detrimental impact on the performance of the team.
- h. Leaving the regatta hotel or area un-chaperoned without the prior approval of the chaperone.
- i. Any display of inappropriate sexual behavior.

I will support my teammates throughout competitions by sending boats off, cheering for other Teaneck boats at race time, and assisting other boats in rigging and de-rigging shells.

I will stay with my boat or team during race times.

At out-of town regattas I will not enter a hotel room occupied by someone other than a Teaneck rower, chaperone or coach. Also, no one other than another Teaneck rower, coach or chaperone are allowed in a rower's room. I will not enter a room occupied by members of the opposite sex unless there is a meeting of the team under the supervision of a chaperone or coach.

A coach or chaperone will make room assignments when I arrive at the hotel. I will stay in the room assigned to me.

I will not make any phone calls or rent any movies, etc. that will be charged to my room.

The time of curfew will be established by the coach and will be strictly adhered to. There will be a room check at curfew. I will not leave my assigned room without the express permission from my assigned chaperone.

I understand this code of conduct and will abide by its rules and expectations.

Rower's Signature _____

Date: _____

Parent's or Guardian's Signature _____

Date: _____